

Amr Hosny, MD, MBA

Dr. Amr Hosny is triple board certified in Interventional Pain Medicine, Anesthesiology as well as Hospice & Palliative Medicine. He currently serves as the Medical Director of New Jersey Pain Care Center, as well as Chief and Program Director of Interventional Pain Medicine at St. Vincent's Hospital Manhattan - New York Medical College. Dr. Hosny is an Associate Professor of Anesthesiology at New York Medical College.

Dr. Hosny has lectured extensively on topics ranging from spinal cord stimulation for neuropathic pain and complex regional pain syndrome to pharmacological approaches for chronic pain.

Dr. Hosny also serves as a written examination editor for the American Board of Anesthesiology.

After completing an Anesthesiology residency at St. Luke's Roosevelt Hospital Center, Columbia University in New York City, Dr. Hosny completed an Interventional Pain Medicine fellowship at Beth Israel Deaconess Medical Center, Harvard Medical School, in Boston, MA.

What is a Pain Specialist?

For thousands of years, doctors have been helping to relieve their patients' pain with a variety of medication and treatments. Like other areas of medicine, a new subset of doctors have become specialists in treating pain. They are focused on managing all types of pain – studying what causes it, how the body reacts to it, how different medications dull or eliminate the pain, and how other treatments can be used to relieve many painful conditions.



Riverdale One Building
44 Route 23 North
Riverdale, NJ 07457
Phone 973.400.1716
Fax 973.400.1631

www.NJPCC.com

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Medical Director
Interventional Pain Specialist

What is pain?

Pain is defined as an unpleasant sensory and emotional experience. Pain can be ACUTE or CHRONIC. Acute pain typically has a known cause, such as surgery, a broken bone or car accident. Chronic pain is described as pain that has persisted long after an injury or has lasted longer than three to six months. Pain is also individual and can occur anywhere in a person's body. No two people experience pain the same way.

Why is pain control important?

Pain control is important because it can affect a person in many ways. It can affect sleep, appetite, emotions, and relationships with others.

What can patients expect at the New Jersey Pain Care Center?

- Information about pain and pain relief measures
- A compassionate staff committed to effective pain management
- Health care providers who respond quickly to reports of pain



What Next?

Following an extensive initial diagnostic evaluation at New Jersey Pain Care Center, an individual course of treatment is determined. A wide variety of medications and treatments are available for acute, chronic, and cancer pain. Your therapy plan will be tailored to your specific needs and circumstances.

What pain conditions can be treated at the New Jersey Pain Care Center?

- Low back pain/injury
- Neck pain/Injury
- Work related injury
- Auto injury/No fault
- Spinal disc herniation
- Sciatica
- Post laminectomy syndrome
- Spinal facet syndrome
- Sacroiliac pain/Sacroiliitis
- Myofascial Pain Syndrome
- Fibromyalgia
- Chronic headaches
- Migraines
- Arthritis
- Cancer related pain
- Vertebral compression fractures
- Neuropathy
- Post herpetic neuralgia/Shingles
- Trigeminal Neuralgia
- CRPS/RSD
- Other chronic pain syndromes

What services are provided at the New Jersey Pain Care Center?

- Cervical epidural steroid injection
- Thoracic epidural steroid injection
- Lumbar epidural steroid injection
- Cervical facet block
- Lumbar facet block
- Cervical medial branch block
- Thoracic medial branch block
- Lumbar medial branch block
- Cervical facet radiofrequency
- Thoracic facet radiofrequency
- Lumbar facet radiofrequency
- Transforaminal epidural injection
- Percutaneous disc decompression
- Lysis of epidural adhesions
- Lumbar sympathetic block
- Diagnostic discography
- Vertebroplasty
- Sacroiliac joint steroid injection
- Sacroiliac joint radiofrequency
- Stellate ganglion block
- Celiac plexus block
- Peripheral nerve block
- Occipital nerve block
- Botox injection
- Spinal cord stimulator implants
- Intrathecal delivery device implants